

Safety Alert

Incident Photos



The wash out area had been cleaned after the incident and before this picture.

Incident Description

The driver was removing a chute to put it away after washing down. He lifted the chute and stepped back to clear remaining chutes and tripped over a small mound of concrete in the washout area. He had identified that the hazard was present however he caught the heel of his right foot on the concrete pile, resulting in the trip. The driver fell backward and to his right, he tossed the chute away, and attempted to catch his fall with his right hand. The twisting action resulted in putting a strain on his right knee. There was discomfort in his knee but no great pain. The driver mentioned it to his supervisor but declined that he needed to have it checked out. He said it wasn't bothering him too badly and he could continue working. After resting over the weekend, treating with ice and Ibuprofen he reported for work on Monday for normal duties but did not report it. He was off the next two days due to rain. He reported for work on Thursday again for normal duties and experienced discomfort and reported that he felt like he needed to have it checked out. It was reported to XXXXX. XXXXX determined that he had already tried the home treatments so therefore he needed to have it checked by a doctor. He was sent to XXXXX Medicine where they determined he had fluid on the knee due to the strain and prescribed an anti-inflammatory and restricted duty.

Best Practices

Number One Safety Rule for 2009: "IF IT IS NOT SAFE, DON'T DO IT!" If the working conditions are unsafe stop work immediately and follow the Best Practices below. No work is to begin if the site is unsafe.

